

**FEEST**  
Food Empowerment  
Education and  
Sustainability Team

# + What is FEEST?

- FEEST is a weekly program held at Youngstown where young people gather in the kitchen to prepare a meal from donated produce by Tiny's Organics.
- Dinners are youth-run and governed by community agreements that include “speaking your truth” and “pass the power share the power”
- Dinners foster dialogue about the hopes and concerns of young people within their communities.





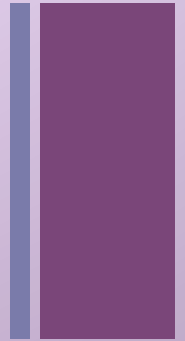
## FEEST Mission

To gather young people together to prepare and share healthy, delicious food, as well as to provide a space for youth to build community and actively engage in issues of food resources and built environment in their lives.



# + FEEST Core Values

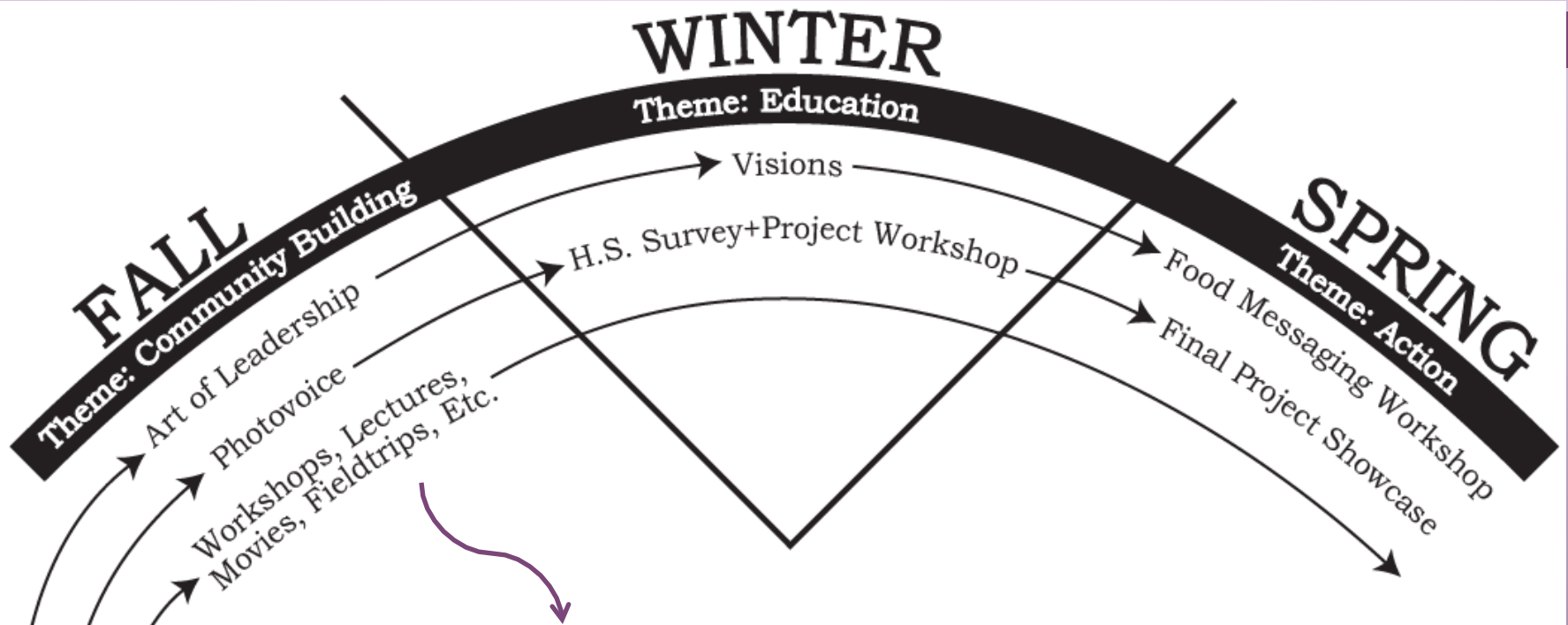
- Youth Voice
- Self Awareness and Appreciation
- Sustainability
- Food Consciousness
- Multicultural Competency
- Youth Leadership



# + Year in Review...

- Weekly Dinners
- Monthly Potlucks
- Summit Up!
- Chicken Coop Co-op
- Seed of Movement
- Mayor Meeting



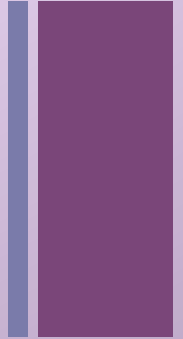


Fall	Winter	Spring
Guest Chef	Guest Chef	Guest Chef
Canning/Pickling Workshop	Movie Screening	Field Trip Full Circle Farm
Field Trip to Mara Farm	Food Handler's card training	Lecture
Heritage Potluck	Talent Showcase	Gardening Class
Lecture	Specialty Food Workshop	Market Tour

# + Looking Ahead...



- Challenges & opportunities for improvement
- Building more partnerships in the community, district and city government
- KCFFI, schools and healthy corner store initiative
- Maintain agility to take on new events



Questions...