



Forks & Feet Forward Old North!



*Building a Healthy, Active & Vibrant Community
in Old North St. Louis*



Forks & Feet Forward Old North!

Where is Old North?

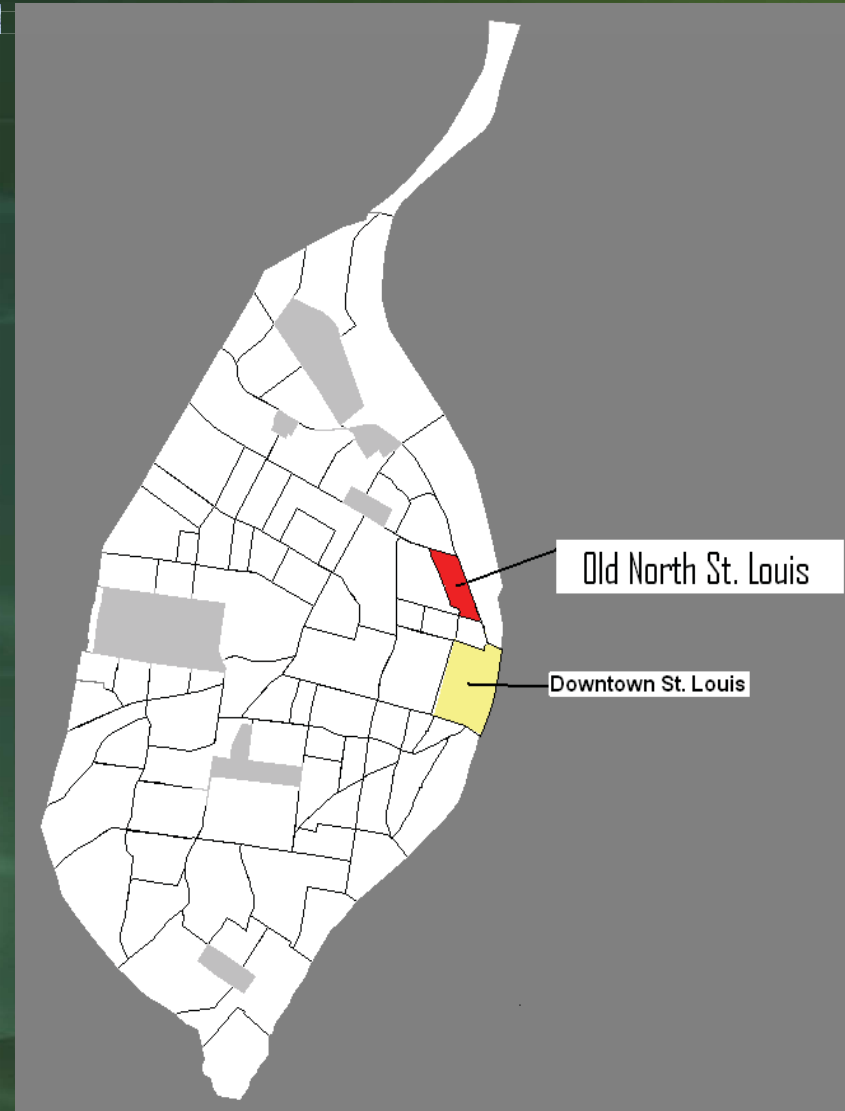
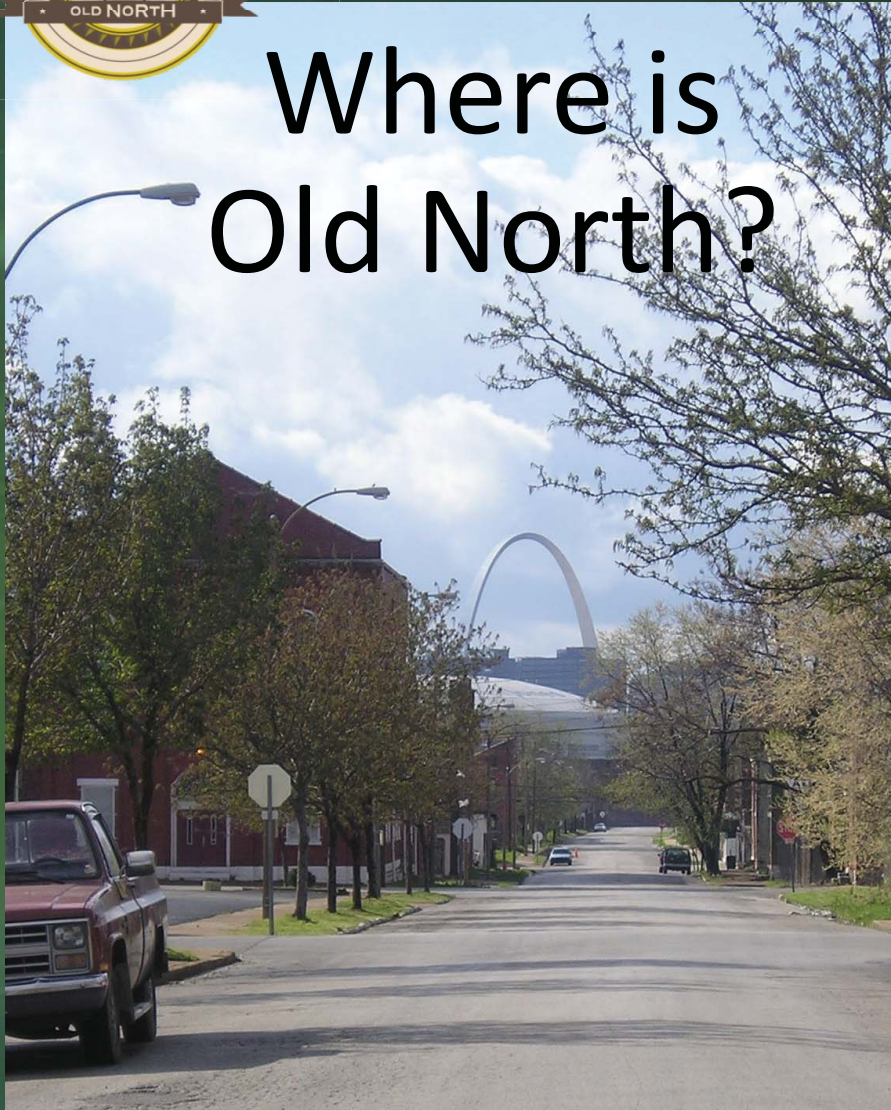


Building a Healthy, Active & Vibrant Community in Old North St. Louis



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Where is
Old North?



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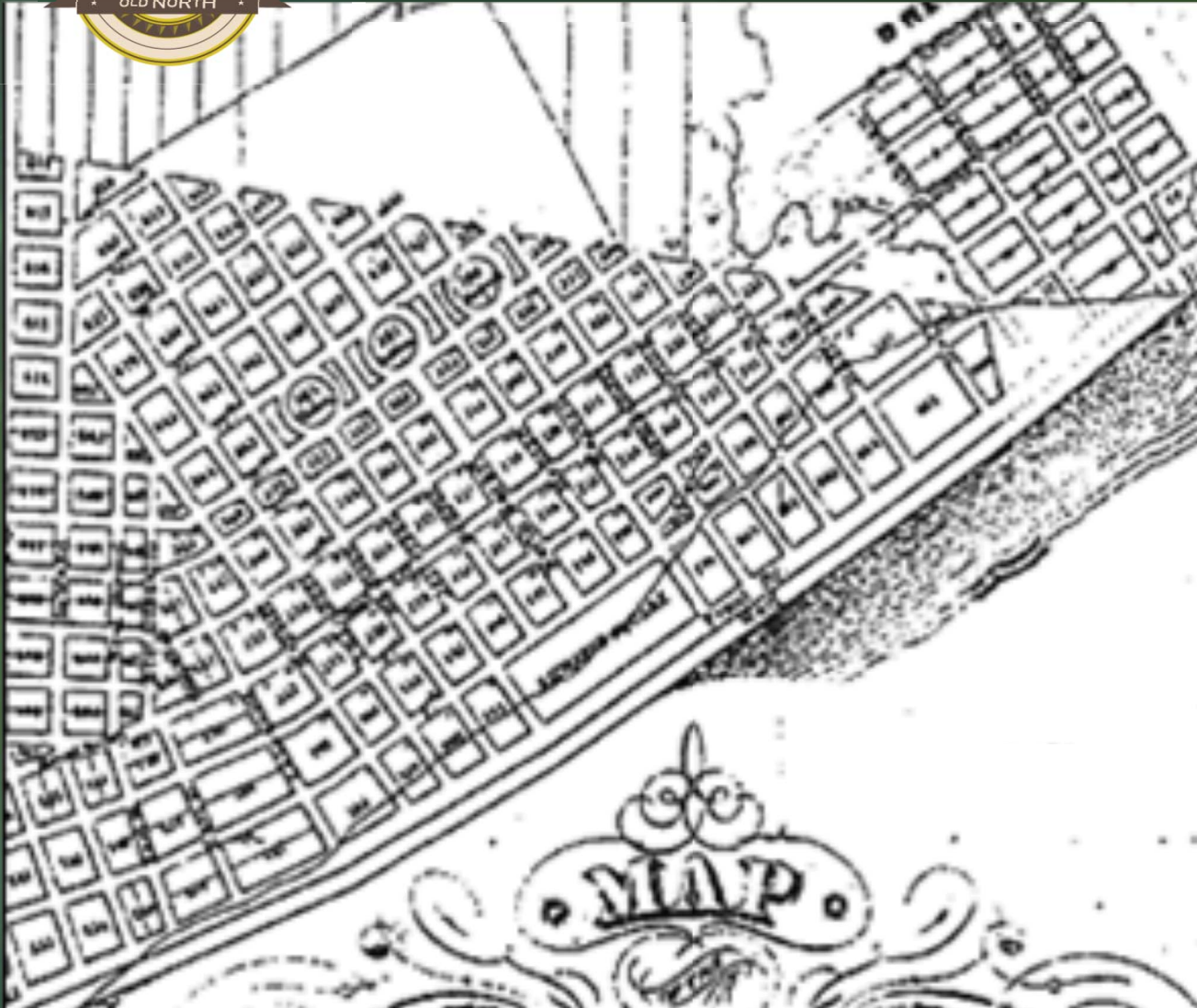
Where is Old North St. Louis?



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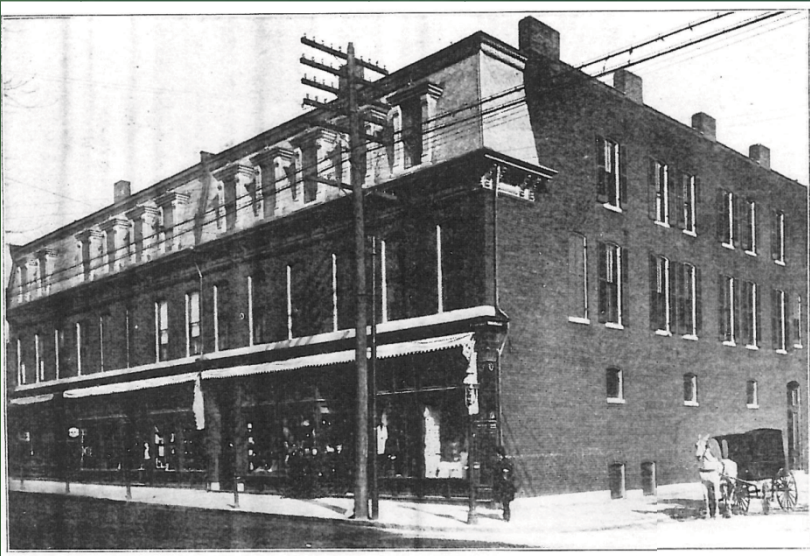
Now a
neighborhood
within the City
of St. Louis,
Old North
once was the
*Village of
North St. Louis*,
established
in 1816

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After nearly a century & half as a thriving, walkable & transit-friendly community...



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Old North experienced decades of population loss, disinvestment, & an exodus of business & services

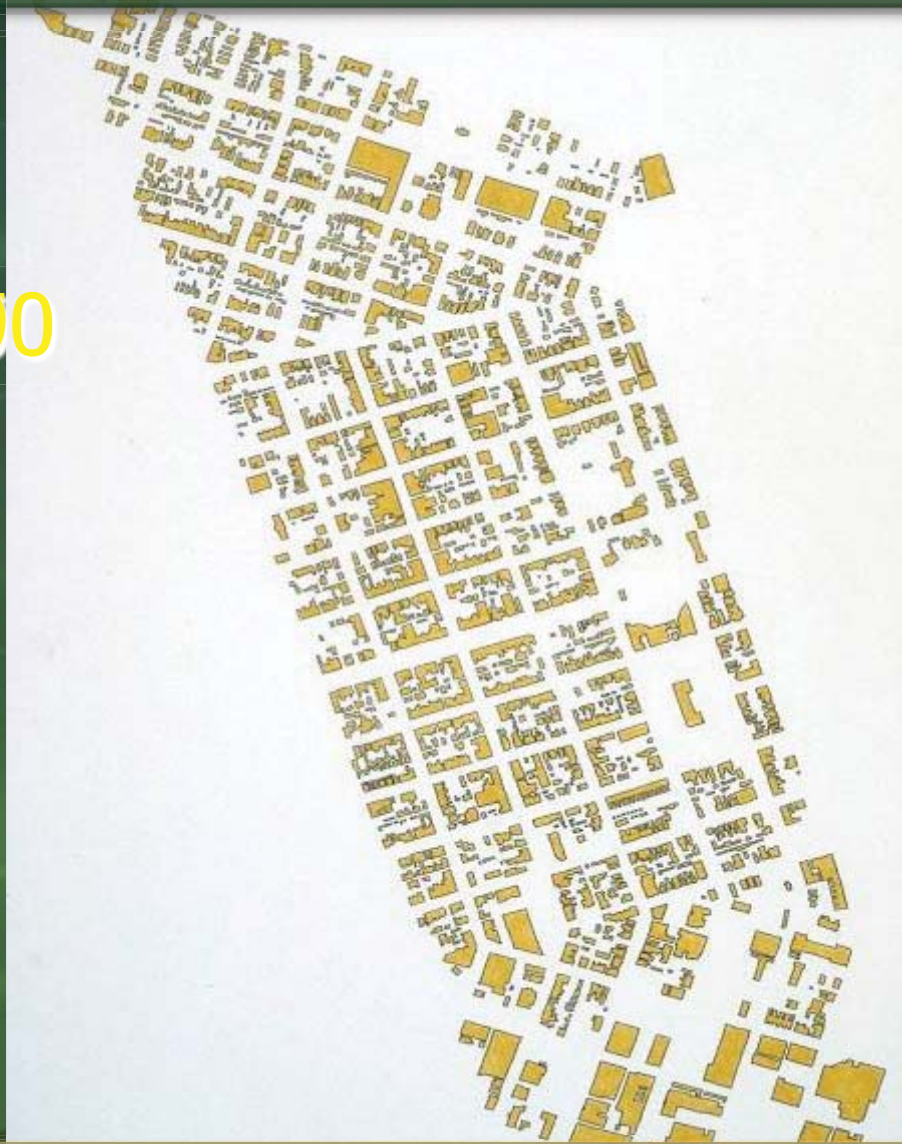


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Old North
St. Louis
circa 1990



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In 1981, residents of the community established the Old North St. Louis Restoration Group to “revitalize the physical & social dimensions of Old North in a manner that respects the community’s historic, cultural, & urban character”



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Over the past 30 years, ONSLRG has implemented a range of community building initiatives, including housing development (both historic rehab & new construction; single-family & multi-family; for-sale & rental; affordable & market rate)...



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1436 Monroe, 2005

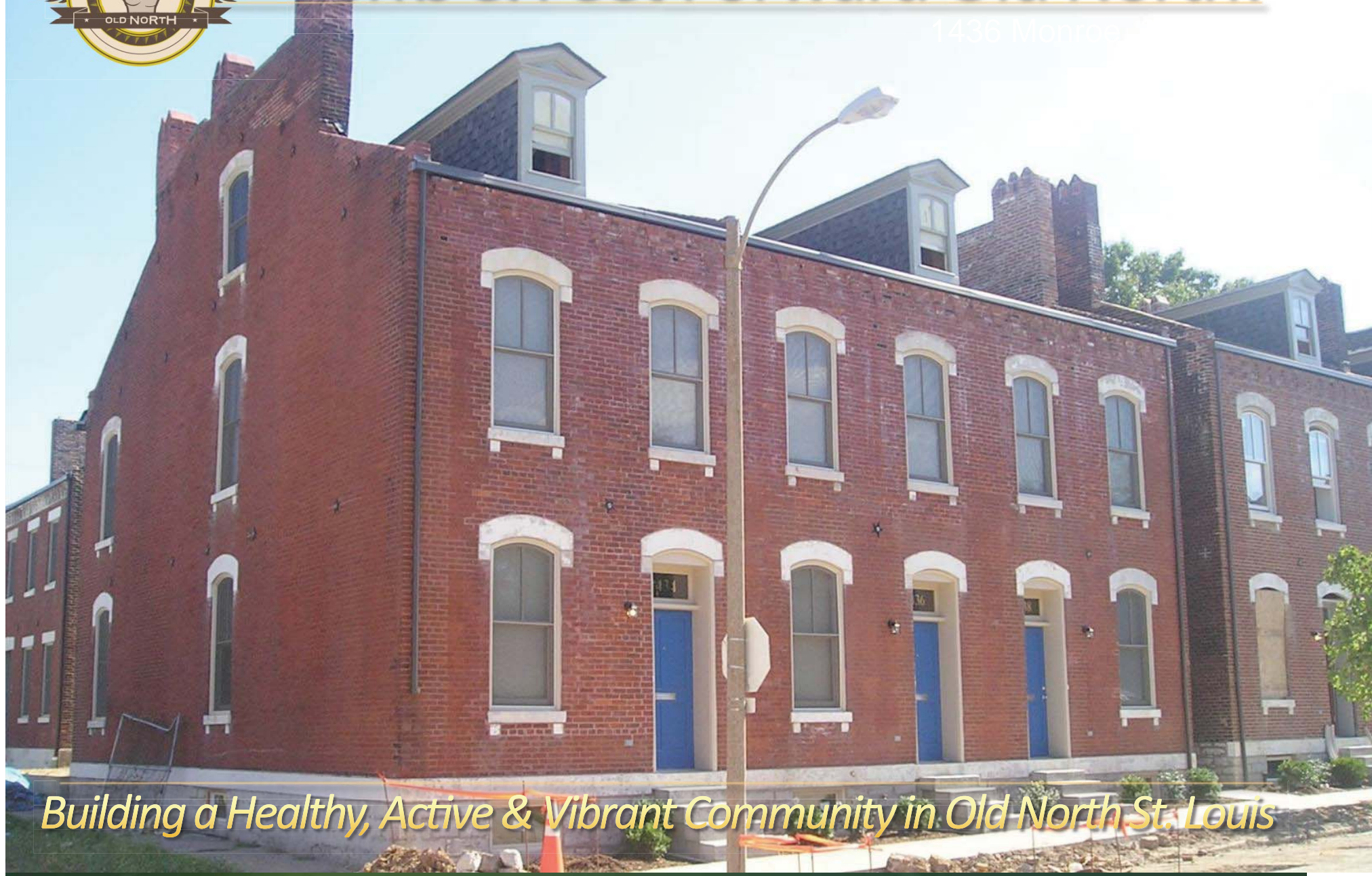


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1436 Monroe



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Over the past 30 years, ONSLRG has implemented a range of community building initiatives, including... large-scale redevelopment projects (\$35 million, 27-building redevelopment of former 14th St. pedestrian mall)



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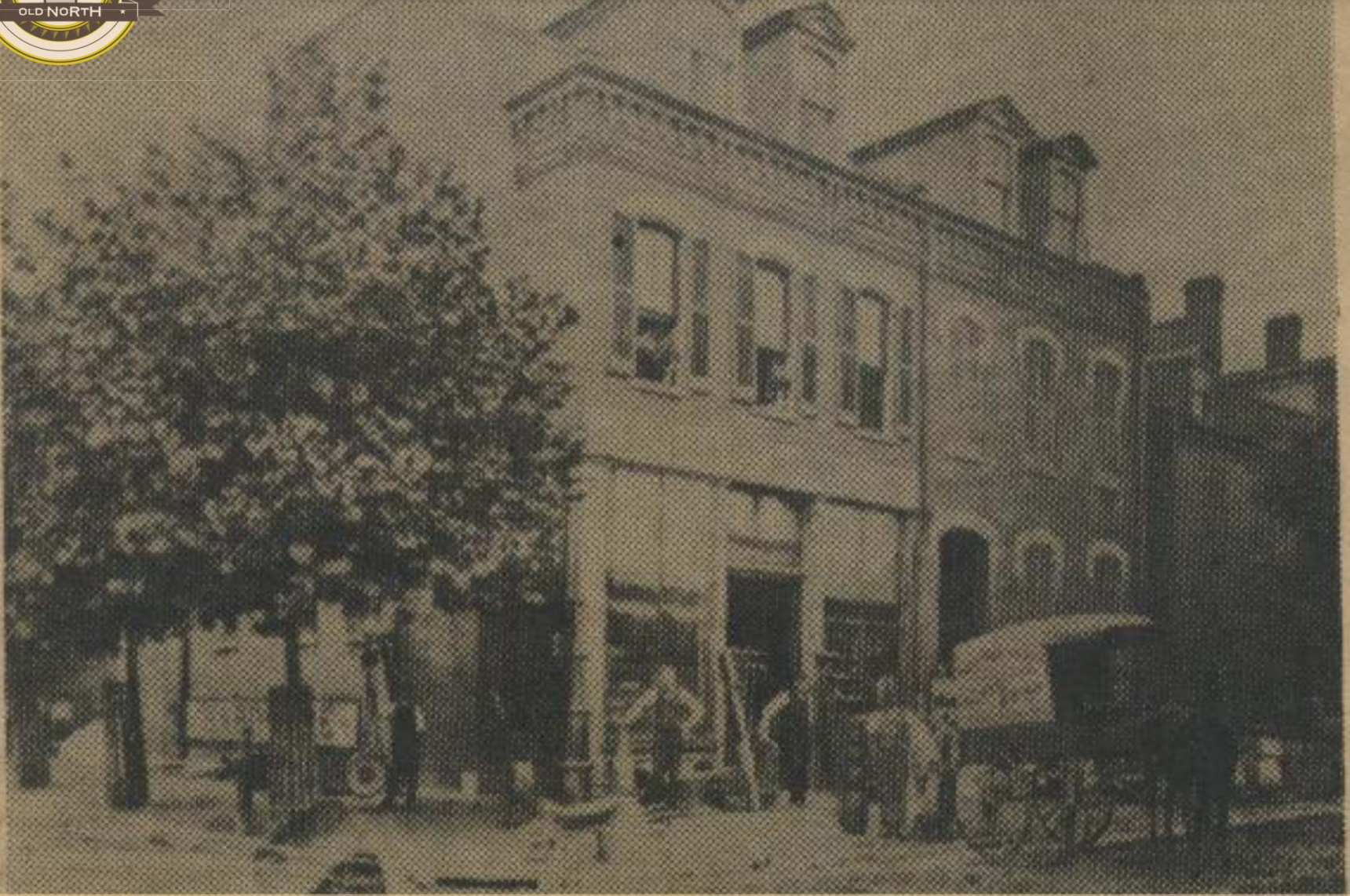
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Old North's Comprehensive Strategy

- Increase access to healthy & affordable foods
- Improve infrastructure for physical activity
- Engage the community in activities that promote healthy lifestyles

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ONSLRG has implemented a range of community building initiatives, including... public health programs (community gardens, North City Farmers' Market, Old North Grocery Co-op)...



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13th Street Community Garden



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North City Farmers' Market



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Primary geographic focus for Old North Grocery Co-op



1 – Old North St. Louis

2 – Hyde Park

3 - St. Louis Place

4 – Carr Square

5 – Columbus Square

6 – Near North Riverfront

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Opening day for the Old North Grocery Co-op, July 17, 2010



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How the Healthy, Active & Vibrant Communities Initiative has Plugged into & Played a Role in Old North's Revitalization

With Old North St. Louis Restoration Group as the key local partner with an MOU with Trailnet, we set up a local organizing group, which calls itself Forks & Feet Forward Old North! - emphasizing the commitment to healthy eating and physical activity



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Forks & Feet Forward Old North!

Who is Forks & Feet Forward Old North?

Forks and Feet Forward Old North! is made up of residents and a variety of groups invested in the neighborhood

- Old North St. Louis Restoration Group
- Grace Hill Settlement House
- 13th Street Garden
- Jackson Park Senior Apartments
- North City Farmers' Market
- Urban Studio Café
- Regional Housing & Community Development Alliance
- Residents



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How the Healthy, Active & Vibrant Communities Initiative has Plugged into & Played a Role in Old North's Revitalization

The central focus revolves around building off of the positive development already under way to ensure that overall community health will be a part of the neighborhood's ongoing transformation....

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How the Healthy, Active & Vibrant Communities Initiative has Plugged into & Played a Role in Old North's Revitalization

A cool neighborhood with a growing population & an increasing number of goods & services within walking distance is a great start, but safe and walkable sidewalks and streets are necessary to sustain it.

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How the Healthy, Active & Vibrant Communities Initiative has Plugged into & Played a Role in Old North's Revitalization

A major piece involves the development of a Bicycle & Pedestrian Master Plan for the neighborhood, made possible because of support from 5th Ward Alderwoman April Ford Griffin, who secured city funding to cover some of the costs

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Improve infrastructure for physical activity :
Bicycle and Pedestrian Master Plan



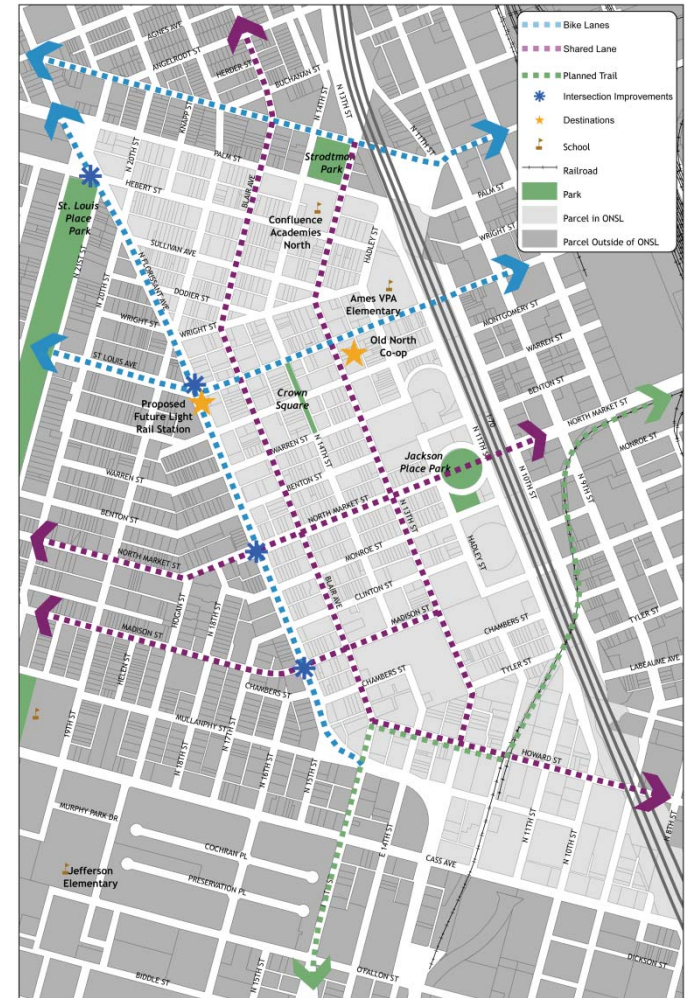
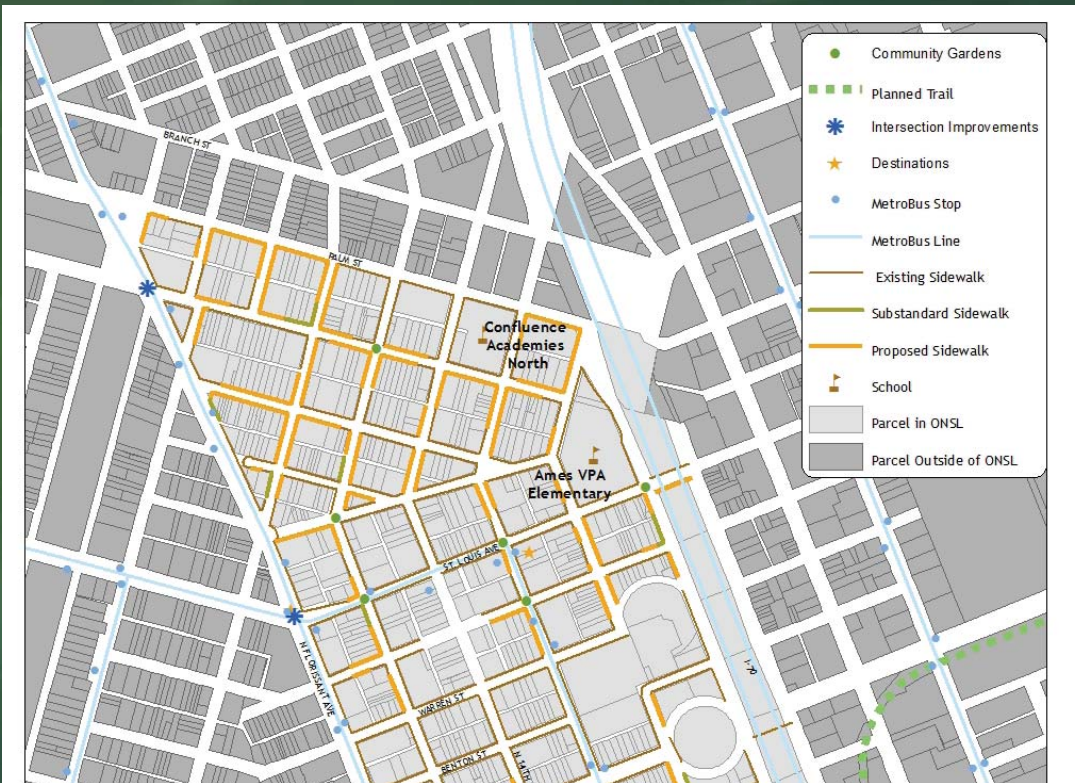
The plan - enhance bicycle and pedestrian facilities in Old North, including connections to surrounding neighborhoods

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Bicycle and Pedestrian Master Plan



Map 2. Existing and Proposed Bikeways

Old North St. Louis
Bikeable Walkable Community Plan
Source: Data obtained from the City of St. Louis and Google Maps
Author: Bill and Sarah
Date: July 2010

0 250 500
Feet



TRAILNET
Powering Active Living



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Improve connections to the Riverfront Trail



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Just getting started: Branch Street Rendering Project

We also will be envisioning ways to enhance Branch Street as a connector from Old North to the river.

Improved landscaping and enhancements for biking and walking have already been identified as important elements

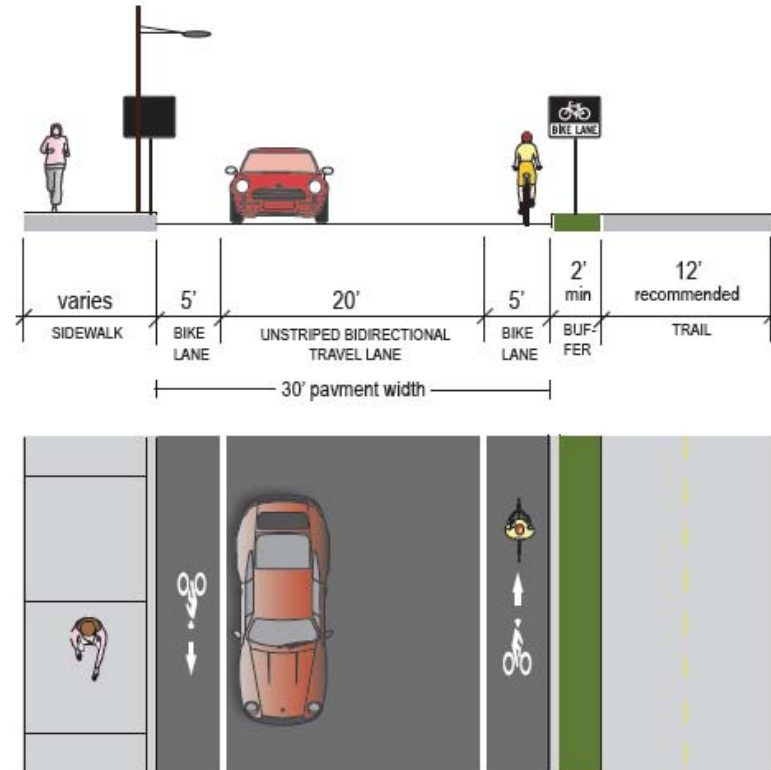


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Branch Street Rendering Project



Branch Street: Broadway to the Riverfront Trail
Old North St. Louis Walkable Bikeable Community Plan
Draft: September 2010



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Community-wide Biking/Walking Events



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Community-wide Biking/Walking Events



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Community-wide Biking/Walking Events



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Complete Streets City Ordinance



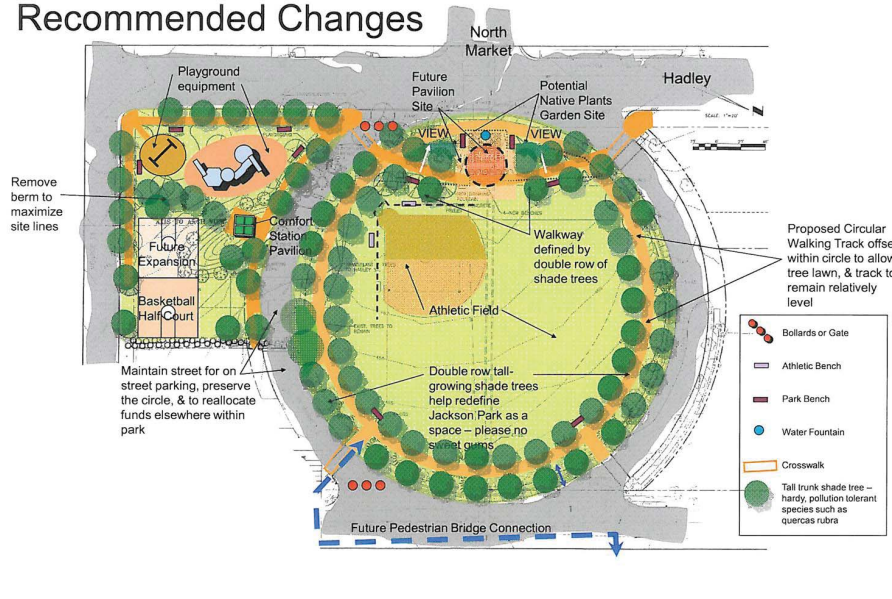
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Jackson Park Improvements

Recommended Changes



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Increase access to healthy & affordable foods:
Clay Elementary School Garden



For the past year we have worked with science teacher Debbie Granger and Clay staff to get their school garden up and running.

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Engage the community in activities that promote healthy lifestyles:
Walking groups



We have just begun piloting walking groups that walk twice a week throughout the neighborhood

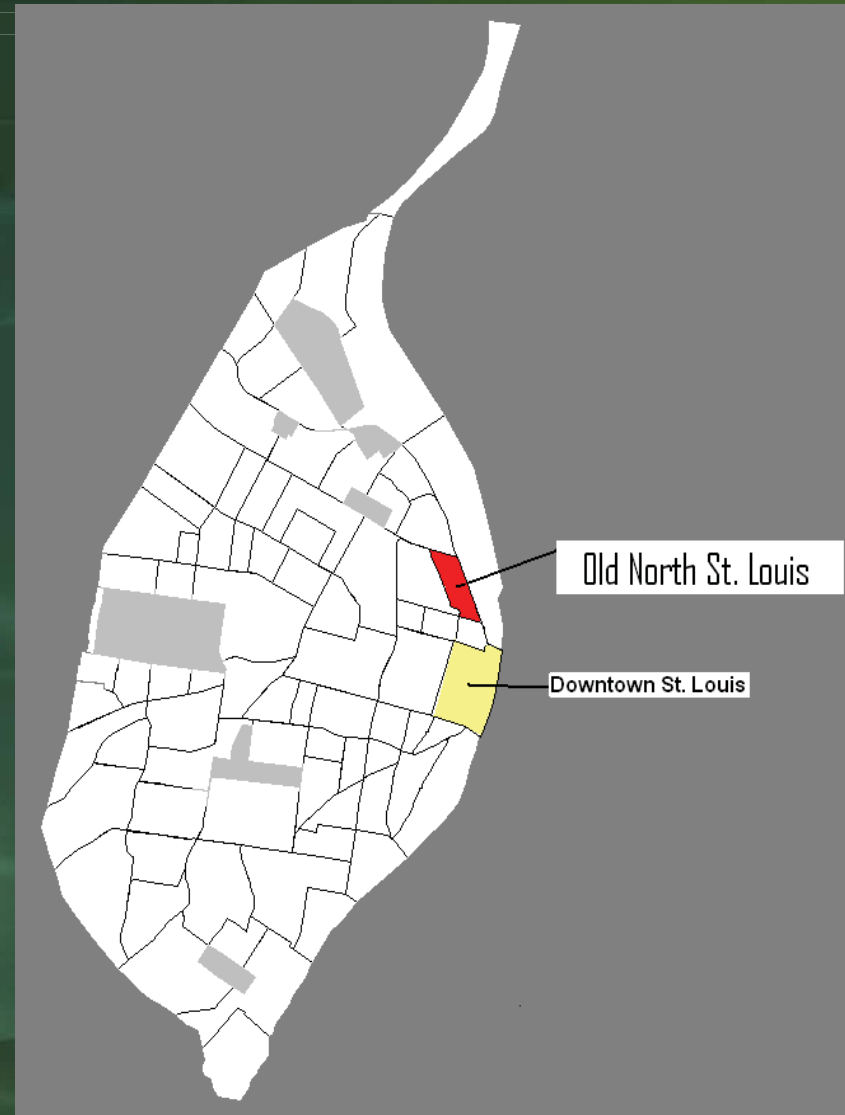
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CHALLENGES:

*Old North is just 1 of
79 neighborhoods in
the City of St. Louis...
-getting attention of
and commitment of &
resources from city
government isn't
always easy*



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CHALLENGES:

As the local partner, ONSLRG is a small CDC with a lot of other things on our plate

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CHALLENGES:
Staff turnover at ONSLRG -

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CHALLENGES:

*The biggest challenge -
So much going on and not enough
people to go around... active
residents already doing a lot*



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For more information:

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Old North St. Louis Restoration Group
2700 N. 14th Street * St. Louis, MO 63106
Phone: 314-241-5031

www.ONSL.org



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Investing a lot of time in planning and discussing with the community



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