New Partners for Smart Growth™ Conference

np 2018

Designing Healthy Communities Track Resources

National

Centers for Disease Control and Prevention	The Community Preventive Services Task Force (CPSTF) recommends built environment strategies that combine one or more interventions to improve pedestrian or bicycle transportation systems with one or more land use and environmental design interventions to increase physical activity. www.cdc.gov/physicalactivity/downloads/built-environment-recommendation.pdf www.thecommunityguide.org/findings/physical-activity-built-environment-approaches
Healthy Planning Tools	The Eco-Health Relationship Browser illustrates scientific evidence for linkages between human health and ecosystem services. www.cdc.gov/healthyplaces/health_planning_tools.htm
Environmental Protection Agency	www.epa.gov/enviroatlas/enviroatlas-eco-health-relationship-browser
Form-Based Codes Institute	The Form-Based Codes Institute is a non-profit organization dedicated to promoting the use of form-based codes to create walkable, mixed-use, socially-integrated communities. formbasedcodes.org/resources/
Pace Law: Land Use Center's Gaining Ground Database	The Land Use Law Center's Gaining Ground Information Database features methods used by government to control the use of land in the public interest. It includes a collection of exemplary federal, state, and local ordinances; commentaries; research papers; and research aids. www.law.pace.edu/gaining-ground-database
Project for Public Spaces: The Case for Healthy Places	This report codifies and presents the current evidence based on how placemaking strategies and projects—on a community's streets, in parks and open spaces, in housing projects, and in diverse public settings—can contribute to improving people's mental, physical and social health. www.pps.org/wp-content/uploads/2016/12/Healthy-Places-PPS.pdf
Guide to Equitable, Community-Driven Climate Preparedness Planning	Raimi + Associates collaborated with the Urban Sustainability Directors Network (USDN) and many member cities including Seattle and Baltimore to create Guide to Equitable, Community-Driven Climate Preparedness Planning. The document offers guidance to local governments in designing and implementing a more inclusive, equitable climate preparedness planning process. It highlights both shorter-term measures that prepare communities for climate change hazards and longer-term actions aimed at addressing institutional and structural inequities (the sources of increased climate risk in frontline communities). www.usdn.org/uploads/cms/documents/usdn_guide_to_equitable_community-driven_climate_preparedness.zip

National Committee on Vital and Health Statistics (NCVHS)	NCVHS's Measurement Framework for Community Health and Well-Being was developed by the NCVHS Population Health Subcommittee drawing from a wide range of evidence, including an environmental scan conducted by the Committee, and with input from the public through a year-long, iterative process. www.ncvhs.hhs.gov/wp-content/uploads/2013/12/NCVHS-Measurement-Framework-V4-Jan-12-2017-for-posting-FINAL.pdf
Urban Land Institute: Build Healthy Places Toolkit	Building Healthy Places Toolkit: Strategies for Enhancing Health in the Built Environment outlines evidence-supported opportunities to enhance health through changes in approaches to buildings and projects. uli.org/wp-content/uploads/ULI-Documents/Building-Healthy-Places-Toolkit.pdf
Build Healthy Places Network	This report begins with an overview of the Healthy Communities Movement at large, providing a framework for a broader environmental scan of 38 regional and national demonstration programs, followed by a deeper dive into the role of foundations in supporting this work. buildhealthyplaces.org/downloads/Summarizing-the-Landscape-of-Healthy-Communities_Full_Report.pdf
ChangeLab Solutions	HCPAT: The Healthy Comprehensive Plan Assessment Tool This tool helps to review and assess your comprehensive plan. It can assist in evaluating the strength of health-related policies. healthyplanning.org/ Library of model comprehensive plan policies for healthier communities changelabsolutions.org/landing-page/comprehensive-plans Library of ChangeLab Solution resources related to healthy planning changelabsolutions.org/landing-page/creating-active-accessible-communities A roadmap for Healthier General Plans: The roadmap highlights the roles and strategies for key players to consider during the process for updating a general plan. changelabsolutions.org/sites/default/files/GP-Roadmap_FINAL_%28CLS-20120530%29_20111025_0.pdf How to Create and Implement Healthy General Plans: A Toolkit for Building Healthy, Vibrant Communities This toolkit provides a progression of steps focused on the general plan, the key land use policy document for California cities and counties. The toolkit details a wide range of strategies, from building relationships and assessing existing conditions to creating and ultimately implementing policy language. Model health language is included to provide specific ideas for how to address health concerns through general plan policies. changelabsolutions.org/publications/toolkit-healthy-general-plans

Prevention Institute	Healthy, Equitable, Active Land Use Network
	Land use is an important determinant of health because it shapes communities' access to health-promoting resources: transportation, jobs, housing, healthy food, safe places to play and be physically active, and more. Yet, too often, land use reinforces pervasive, historical health inequities. In Los Angeles, as in many places, low-income communities of color have not received the same level of investments or innovations in healthy, equitable, and active land uses that have benefited higher income neighborhoods. Better land use decisions, such as increasing access to safe parks and open spaces in all neighborhoods, are critical to reducing health inequities.
	www.preventioninstitute.org/projects/healthy-equitable-active-land-use-network
American Planning Association	Promote Healthy Communities – A Joint Call to Action
	www.planning.org/nationalcenters/health/calltoaction/
	Metrics for Planning Healthy Communities
	planning-org-uploaded-media.s3.amazonaws.com/document/Metrics-Planning-Healthy-Communities.pdf
	PAS Essential Info Packet
	This Essential Info Packet (EIP) offers planners a collection of resources to help them better understand the connections between health and the built environment and integrate community health considerations into their planning and zoning work. The EIP is an annotated resource list that allows users to click through to the various websites, APA resources, and non-APA documents collected for this packet.
	www.planning.org/pas/infopackets/eip38/
	APA's Healthy Communities Policy Guide
	planning-org-uploaded-media.s3.amazonaws.com/document/Healthy-Communities-Policy-Guide.pdf
National Healthy Communities Platform	The National Healthy Communities Platform is a silo-busting effort to bring various national professional organizations that can improve the public's health through community design and community development. This endeavor has been spearheaded by Riverside University Health System-Public Health (located in southern California) and supported by organizations including the American Planning Association, the American Public Health Association and the Local Government Commission.
	http://platformforhealth.rivcoph.org/

State/Local Examples

California Planning Roundtable: The Social Determinants of Health for Planners: Live, Work, Play, Learn!	The CPR Healthy Communities Work Group identified the SDOH as a priority concept for the planners' toolbox. As such, the Work Group formed a Social Determinants of Health Subcommittee that includes non-CPR members who bring expertise on the subject and ample knowledge and leadership. Together, the group prepared this paper to advance understanding of this important concept among the planning community and beyond.
	drive.google.com/file/d/0Bwr2hdQQsTewNEdXY0piS1RoVGs/view

South Carolina Health and Planning Toolkit	This toolkit is a compilation of information about planning and public health in South Carolina. While the focus in on comprehensive plans, the toolkit can also be used more broadly to help develop public policy related to planning and public health for a wide range of planning projects. The overall goal is to provide a policy resource to understand, evaluate, and impact local planning policy in South Carolina. eatsmartmovemoresc.org/pdf/SCHealthyToolkit.pdf
Washington State Examples	WA APA (2015). Policy on Healthy Community Planning. www.washington-apa.org/assets/docs/2015/Ten_Big_Ideas/October_Revisions/apapolicy_final_10.15.15.pdf WA APA (2015). Resource Guide for Healthy Community Planning www.washington-apa.org/assets/docs/2015/Ten_Big_Ideas/October_Revisions/aparesourceguide_final_10.15.15.pdf – contains lots of toolkits WA APA (2015). Video on Planning for Healthy Communities www.youtube.com/watch?v=8O7khhy4ADE Tacoma-Pierce County Health Department (2013). Healthy Community Planning Toolbox www.tpchd.org/environment/planning-healthy-communities/healthy-community-planning-toolbox/
Riverside University Health System	RUHS-PH Healthy Development Checklist The design of our communities has a great impact on our health and the well-being of our residents. This checklist provides criteria, empirical evidence, and best practices for new healthy development. This tool was prepared to encourage developers, city officials, and decision makers to use this tool to help guide the development of neighborhoods that promote physical and mental health, encourage community engagement, and improve quality of life for all. Community members may also find this tool as a useful resource to better understand healthy development practices. The Healthy Development Checklist was commissioned by the Riverside University Health System-Public Health and produced by Raimi + Associates through a grant by the Western Riverside Council of Governments www.healthyriversidecounty.org/Portals/0/RUHS%20HDC_FINAL09142017.pdf?ver=2017-09-18-132751-397